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Mon-Sun 07:00 AM -10:00 PM

KUARI PASS TREK

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Website: <https://www.triponhimalaya.com/>

Price: Rs. 16,999per adult(Haridwar to Joshimath)



- The region involved:- Uttarakhand
- Duration of the trek:- 6 Days
- Grade of the trek:- Moderate
- Maximum Altitude :- 12,763 Ft.
- Approximate Trekking distance:- 33 Kms.

If you wish to be in proximity with the view of the skyline of mighty mountains like Nanda Ghunti, Neelkanth, Dronagiri, Mana, Rishi Pahad, Changbang, Hathi Ghoda Parvat, and many more, then Kuari Pass Trek is the best option to choose. You will be extremely delight after being at this place. It is none less than a dream place for many. Apart from trekking and beautiful view the place also offers a great experience of adventure with your peers. Though people come here for trekking, they always avail an extreme sense of satisfaction and peace. Although the whole journey is of 6 days beginning right from Rishikesh, the trekking part includes 4 days. The Kuari Pass trek starts from Tapoban, a small village in Joshimath, Chamoli. The Kuari Pass trek can range from easy to moderate one. If you are a beginner or you feel difficulty in traveling difficult treks, then this trek is definitely for you. You will find it easier than any other trek and hence will enjoy it the most.

While passing by the trek you will come across various forests covered with oak and deodar trees. There you may also see some species of flora and fauna which makes your trek more exciting. There are also several rhododendron trees that bear red-colored beautiful flowers. Walking through the trek you will get refreshing air and will have a great feeling. Being the sacred state(Uttarakhand), you will always see some sacred touch in each and everything present here. There are green meadows that are present in abundance during your trek which will surprise you with an amazing view.

Despite being an easy trek you will have to cross some ascents and descents. You will get a chance to explore various places that will make you learn many new things. Several locals will come by your way, you will surely know about the tradition and culture of Uttarakhand. Your whole journey of the trek will give you millions of memories that you will take home. We provide the best Kuari Pass Trek Package for all people. We have the best experience in this industry. We always give our best in every manner so as to make our customers happy and satisfied. Make sure to come on this trek with your loved ones and add a great adventure to your list of travels.

Short Itinerary

DAY 1: Haridwar to Joshimath (Drive)

- Altitude: 6724 ft
- Distance: 256 km
- Time: 10 hours
- The journey is long so you will be served lunch and snacks in the middle of the journey.
- The network may bother you at some places otherwise everywhere else networks are best. Enjoy the journey by having fun with your teammates.



DAY 2: Joshimath to Gulling Top

- Altitude: 9600 ft
 - Distance: 12 km (drive) & 6 km (trek)
 - Time: 4 hours
- You will go through several villages during your trek and will enjoy it a lot. It's an easy trek.



DAY 3: Gulling Top to Tali Forest Camp

- Altitude: 11070 ft
- Distance: 4 km (trek)
- Time: 5 hours
- You will have a beautiful sight of several sacred peaks around you.



DAY 4: Tali forest camp to Kuari pass & then back via Khullara top

- Altitude: 12,763 ft
- Distance: 15 km (trek)
- Time: 11 hours
- This trek is a little bit harder than the previous ones but exciting too. Do carry your water bottles with you as you may feel exhausted at some points.



DAY 5: - Tali forest camp to Joshimath via Gurson bugyal & then to Auli

- Altitude: 11150 ft & 9680 ft respectively.
- Distance: 8 km (trek) & 13 km (drive)
- Time: 7 hours



DAY 6: Joshimath to Haridwar

- Distance: 256 km drive
- Time: 10 hours



Details Itinerary

Day 1: Haridwar to Joshimath (6724 ft)

Your very first day of the trip will start from the holy city Haridwar. This day's destination will be 256 km away from Haridwar, i.e. Joshimath. At first, you will cross Haridwar and Rishikesh, which are the holiest cities not only of Uttarakhand but also of the world. People from across the globe come over here to get connected to spirituality as well as religious beliefs of the places. You will get to see various religious spots over here. Also, you will get introduced to many cultural activities. Rishikesh is the hub of religious as well as adventurous activities like paragliding, bungee jumping, rafting (most famous), and many more. There is so much to explore in these places. Though you will travel a lot on your first day, you will never feel exhausted due to the overwhelming sights during the journey. The whole journey will contribute a lot of memories to your cameras and heart as well. As you pass by the various places in order to reach Joshimath, you will see the river at your one side constantly. We can not call this river by one name as at every Prayag of panchprayag you will see conflux of various rivers. Hence, by following beautiful sights you will not even realize when you reached Joshimath. Lunch will be served during the journey only. Stay here overnight.

Day 2: Joshimath – Gulling Top (9600 ft)

Your next day will be towards Gulling Top where you will proceed by taxi for 12 km and then will trek for about 6 km. Joshimath comes in cold places so make sure to bring your warm clothes too. The morning at Joshimath will give you a great feeling of satisfaction and peace. You will see snow-covered mountains all around you that will make you feel like you are in heaven. Your trek will start at Dhak village. You will see Sleeping Lady Mountain which looks like it is designed intentionally but it's a miracle of nature. Although the trek is an easier one, there are little ups and downs during the trek.

You will come across various gentle slopes. The terrain over here is usually rough and not green. You will see the Ganga flowing nearby. Soon, you will reach Kharchi village. You may fill your water bottles in between the trek. After walking for some time, you will reach the Upper Tugasi region where you will see wheat fields, flower beds, and much more. Water streams flowing in between the trek will make you feel refresh.

Day 3: Gulling Top to Tali Forest Camp (11070 ft)

Your third day will be a trek to Tali Forest Camp which is a 4 km distance. The trek may take about 5 hours. After waking up early in the morning and having a delicious breakfast amidst the beautiful meadow, you will step forward towards your trek. This trek will take you to the forests of Tali. This day's trek will be smoother and gentle in comparison to the previous one. You will surely enjoy it a lot on this trek. After walking for some time, you will come across various snow-covered peaks around you. You will see walnut trees and many other varieties. Apart from trees, you will also see beautiful flowers blooming all your way. You will be at a great height after your trek will end. In between the mountains covered with thick snow and forests, you will stay in your tents overnight. It will be exciting to stay over here.

Day 4: Tali forest camp to Kuari pass & then back via Khullara top (12,763 ft)

On your fourth day you will trek to Kuari Pass and on the same day will come back via Khullara top. This day's trek will cover 15 km and will take around 11 hours. This day you will have to start early so as to reach on time. Do carry enough water as you may not find any water source on this day's trek. As the trek is long so you may take short breaks in between the trek. Lunch will be served in the midway. This is recommended that you must wear good quality shoes so that you do not face any difficulty in a trek in any kind of area. After you will reach the Kuari Pass peak, you will see several peaks like Kedarnath Peak, Chaukhamba, Nanda Ghunti, Kalinka, Dronagiri, Hathi Parvat, Kamet, Mukut Parvat, and many more.

The view you will see here is completely incomparable to any other view. This will surely tell you the worth of coming on this trek

Day 5: Tali forest camp to Joshimath via Gurson bugyal (11150 ft) & then to Auli (9680 ft)

On your fifth day, you will come back to Joshimath via Gurson Bugyal and then will move towards Auli. Auli is a famous place for skiing. It is basically a snow valley. At first, you will come back to Joshimath, so will cross Gurson Bugyal which provides an easy trek. You will cross it without any difficulty and will enjoy it the most. After that, you will reach Auli where you can see snow all around. You may enjoy skiing over here if it will be allowed at that time. The place is too good to explore maximum. After that, you will come back to Joshimath and will stay there.

Day 6: Joshimath to Haridwar

Finally, the day to end the beautiful trek. You will go back to Haridwar from Joshimath covering the same 256 km.

How to Reach

By Air

Jolly Grant Airport, Dehradun, is located about 20 km from the city. You will find a daily flight from Delhi to Dehradun.

By Train

Overnight train to Dehradun from Delhi

- Nanda Devi Express - Departure 11:50pm; Arrival - 5:40am
- Dehradun Express - Departure - 9:10pm; Arrival - 5:00am

By Bus

From Delhi's ISBT Kashmere Gate, a regular bus service from Delhi to Dehradun is available.

Note:- We recommend taking only government buses from ISBT Kashmere Gate.

Quick overview

The vehicle will pick you up from Dehradun Railway Station at 6:00 am, pick charges are not included.

You will reach Sankri around 5:00 pm

Food from Dehradun to Sankri is not included in the cost.

Terms & Conditions

Inclusions

1. Accommodation. (Guest house, Home stay, Camping)
2. Meals while on trek (Veg.+ Egg)
3. Trek equipment's: Sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required)
4. All necessary permits and entry fees.
5. First aid medical kits, stretcher and oxygen cylinder.
6. Mountaineering qualified & professional trek Leader, guide and Support staff.
7. Transport from Dehradun to Sankri and return (According to itinerary)
8. Mules to carry the central luggage

Exclusions

1. Any kind of personal expenses.
2. Food during the transit.
3. Insurance.
4. Mules or porter to carry personal luggage.
5. Anything not specifically mentioned under the head.
6. Any kind of emergency evacuation charges.

Note

Normally Trip on Himalaya expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.

Charges of offloading backpack:-

INR 1200/- if you make an online payment, 10 days in advance

INR 1500/- if you inform us after reaching Sankri

The backpack cannot weigh more than 11 kgs. Backpack should have waterproof cover. Suitcases/strolleys/ bags will not be allowed.

To book Rupin Pass Trek/ adventure program please use our online booking form or, alternatively, you can call us on the given for confirmation of tour you have to wire a deposit and initial deposit.

Paying the Trek/ Adventure activity fee

The fee can be paid by online transfer/check deposit/ demand draft. Instruction for payment will be forwarded along with your confirmation email. When your transfer is done, please e-mail us a confirmation mail with your transfer details, so that we can follow up your reservation efficiently.

When to Book

It is wise to make your booking at least two months in advance. However, if you want a good deal on your domestic/international flight, we recommend organizing your trip at least five months in advance. (Please contact us if you require a late booking)

Terms for Cancellation & Refund:

Customer is suppose to make a full payment in advance for the confirm bookings.

If in case a confirmed booking needs to be cancel than below are the refund policies

1. Prior 30 days of the confirmed date, 50% of the total amount would be refunded
2. Prior 25 days of the confirmed date, 40% of the total amount would be refunded
3. Prior 20 days of the confirmed date, 30% of the total amount would be refunded
4. Prior 15 days of the confirmed date, 20% of the total amount would be refunded
5. Prior 10 days of the confirmed date, 10% of the total amount would be refunded

Note: After the said time the Trip on Himalaya would not be entertaining any cancelation and no amount would be refunded whatsoever.

Trek Essentials

Trekking Gear

1. Ruck sack bag with rain cover. Qty -1
2. Day Pack Bag - Recommended for treks with summit day
3. Head Torch with spare Batteries. Qty -1
4. U V protection sunglasses. Qty -1
5. Water Bottles: 2 bottles of 1 liter each

Footwear

1. Non-skid, deep treaded, high-ankle trekking shoes Qty -1
2. Pair of light weight Slipper/Sandals Qty -1

Clothing

1. Quick Dry Warm lower or Track Pants. Qty - 2
2. Full sleeves T-shirts/ Sweatshirts. 1 for every 2 days of trekking
3. Pair of thick woolen socks. 1 pair for every two days of trekking
4. Thermal Body warmer Upper & Lower. Qty-1
5. Undergarments. Qty - 1 for every day of trekking
6. Warm jacket closed at wrist & neck .Qty-1
7. Full sleeves sweater. Qty -1
8. Rain wear (Jacket & Pants) . Qty-1
9. Pair of waterproof, warm gloves. Qty-1
10. Woolen cap. Qty-1
11. Sun shielding Hat. Qty -1

Toiletries

1. Personal toiletries kit (Small Towel, Toilet paper, paper soap, Bar soap, toothbrush, toothpaste, cold cream etc.)
2. Sun screen lotion small pack . Qty -1
3. Lip Balm small pack. Qty-1

Utensils

1. Small size, Light weight & Leak proof lunch box. Qty-1
2. Plate. Qty- 1
3. Spoon. Qty-1
4. Tea/Coffee (plastic) Mug. Qty-1

Miscellaneous

1. Camera (Optional)
2. Carry your medicines in plenty in case you have any specific ailment. Consult your doctor before joining the trek.
3. Dry fruits, Nuts, Chocolate bars (Optional)

Fitness For Trekking

Tips to get fit for Trekking

Experiencing trek is almost everyone's passion or dream. But before starting or planning for a hike, you must be aware of the during and post-trek pain of your body. It is essential to be strong enough to enjoy your whole trek without any disruption of body ache. One must decide several months before going on a hike, so you have a significant amount of time exercising your body and training it to become flexible for the trek.

Following are some advantages of training yourself before trek:

- It fosters aerobic fitness.
- It improves blood circulation and breathing functions as well.
- It makes the heart strong, preventing it from any problem.
- It helps in toning legs.
- Muscles get build-up which is very beneficial.

Therefore, one must do practice to gain all these benefits. It is not only for the trek but for lifetime fitness also.

Let's have a look at some factors which must be kept in mind to practice before trek:

Importance of Stretching

It helps the body become flexible and allows you to move your body in any direction you want quickly. It helps make the joints such as shoulders, elbows, hips and knees stronger to prevent any misshaping. It provides much relaxation to your body and relieves the pain. And if you are going on a trek, it is essential to practice stretching way before your hike. It will help you in moving to the higher altitudes region more efficiently.

Sleep like baby

It is always said that one must sleep like a baby. It means sleep without any worries. This makes you have an adequate amount of sleep which is a significant factor in daily life. So, practice it daily and also before your trek. Try to make yourself comfortable to sleep at higher altitudes.

Fitness For Trekking

Good Shoes-Good Trek

It is so evident that one has to walk and only walk while Trekking, so it is far more essential to have a good pair of trekking/hiking shoes. Practice walking by wearing your boots before the trek to make yourself used to them. You may opt for an option to keep an extra pair in your bag while trek to help yourself in the opposite condition.

Contact Us

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Trip on Himalaya
24*7 Hours At Your Service

